



Westerford High School

18 September 2014
Newsletter 24

From the Office....

- Please donate your **Sunflower bandanas**, old and new, for various Outreach Projects across the Western Cape. (ie: duvet covers, Christmas bags filled with goodies) There is a collection box at the front office. Your contribution and support would be much appreciated!
- **Second-hand couches**
We are still looking for some couches for the workers tearoom. Collection can be arranged if you have any to donate. Please contact Mr Cain ac@whs.wcape.school.za



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3rd Quarterly Concert
Thursday 18 September
19:30 – 21:30 in the Noel Taylor Hall

Featuring the Concert Band with **Ariella Zimbler** as soloist, the Big Band, a specially formed String Orchestra and various soloists.

Adults: R 10
Pupils in uniform and staff: free.
Subject music pupils: this is a sign-in event



Sunflower Fun Run/Walk 2014

Since its inception in 2011 Westerford has been participating in the annual Sunflower Fun Run. Each year we average around 300 participants from the Westerford community.

We get involved for two main reasons. Firstly, to support the Sunflower Fund in their quest to build up the South African Bone Marrow Registry, and secondly to support Reza Price, a grade 11 pupil who has been living with severe aplastic anaemia since just after his twelfth birthday.



This year saw many happy Westerfordians gathering at the Mouille Point lighthouse to take on the 7 km run/walk. What made this year all the more special is that it is the first year that Reza has been well enough to walk. And not only did he walk, but he managed to complete the entire course, a remarkable achievement indeed.



A huge thank you must go out to all of you who got involved and showed your support. It is really appreciated. We raised R20 000 for the Sunflower Fund and the look on Reza's face seeing all of the Westerford community wearing yellow and supporting him was priceless. We look forward to getting everyone together again next year.



- Westerford took part in the annual Varsity College Schools Quiz on Thursday 11 September at Wynberg Boys High School. The team of Laurent Balt, Grace Brain, Adam Meier and Jack Calland were victorious making Westerford High School winners once again.



- Adam Gild has excelled at two competitions recently. He was runner up in both the Pieter Kooij competition and the Johann Vos Piano competition (senior section). This is a great achievement, as the competition was fierce on both occasions. Well done to both Adam and his teacher, Mr Daniell.
- Tori Fokkens also excelled at the Johann Vos Piano competition, reaching the finals of the junior section. Congratulations Tori!



DEBATING CHAMPIONS!

Congratulations to **Mia Todd, Helen Dugmore** and **Lucy Wills** on winning the Junior Rotary Debating League, wherein over forty schools compete. After beating Springfield in the final, having gone through the round-robin and knock-out stages, these three Westerfordians became the 2014 winners! Well done on keeping Westerford's name up high!

Alex Newlands

HCA hosts Debbie Matthee on Thursday 4 September

On Thursday HCA hosted Debbie Matthee, a journalist who travelled Rwanda and Uganda to research her radio documentary "Finding it within ourselves" in which she interviews people affected by the conflicts in those areas - both victims and perpetrators. It addresses the reconciliation of Rwanda 20 years after the genocide which killed over 800 000 people. It also focuses on the LRA and the thousands of adults and children who were captured or forced into fighting for rebel leaders and how the Kony 2012 video misrepresented and inaccurately displayed the conflict. It looks at how the countries were and still are affected today by the seemingly never-ending violence. Her talk looked at the less well-known issues and tried to address the topic from a completely new perspective. It once again brought home how easy it is to ignore and forget about the glaring suffering still happening on this continent as we speak.

Gaby Muhlberg

Xhosa

The Grade 11 Xhosa class will visit Zithulele Hospital and Axiom Education near Coffee Bay after completing the Transkei Hike during the October Holiday. The visit is intended to strengthen the link between the school and the above-mentioned places where 10 OW's are currently working or volunteering. Zithulele and Axiom both offer opportunities for gap year students to volunteer and our visit will give us an opportunity to speak to OW's about their experiences in the Transkei. We have initiated a drive to collect items that will be especially useful at Axiom and the hospital. If you can assist in any way, please send items to reception where they can be placed in a box labelled "Transkei Hike".



We are looking for decent quality pens, pencils, erasers, sharpeners, rulers, maths sets, exam pads, exercise books and clothing for babies and young children!



Matric Music Concert

On Monday 25 August, the Matric music class held the annual Matric Concert in the Noel Taylor Hall at 19h00. The concert is the final opportunity for them to perform in front of a crowd and it also serves as practice for their Mock and Final Practical Exams.

All twelve Matrics performed, with most of them playing a solo piece as well as an ensemble one. One of the noticeably enjoyable aspects of the concert, aside from the stunning playing, was the diversity of the genres and pieces that were performed. Genres of Romanticism, Modernism, styles of Jazz, Baroque and Minimalism were all represented in pieces by Bach, Handel, Rachmaninoff and even **Dean-Ross Parker**. A huge variety of instruments was showcased, ranging from the piano and violin to the guitar and euphonium. The pupils performed with professionalism, great technique and emotion which added to the wonderful atmosphere they were creating.

The evening was a huge success and the perfect way to end the school music careers of twelve devoted musicians. Huge thanks much go to the Music Department teachers for their continued commitment to the pupils in both their practical and theoretical classes. Thanks also to the accompanists, particularly those who came from outside the school and took time out to perform with the pupils. Finally, thanks must go to the pupils' parents for putting up with hours of practising and the taxiing back and forth to ensemble rehearsals – it has clearly all paid off. Congratulations to the Matric music class for a splendid evening and best of luck for the upcoming exams.

Caitlin Pinheiro

Film Society - Sven Ruygrok Talk

On 14 August, the Film Society hosted a talk by well-known actor Sven Ruygrok who rose to fame in the role of 'Rambo' in the South African film, 'Spud: The Movie'.

The talk was well attended and the dynamic 19 year old spoke about his experiences as an actor and how he initially struggled in the industry. He graduated in 2009 from Beaulieu College and was enrolled at UCT for a Degree in Theatre and Performance. He delayed his studies in early 2010 after winning the role of 'Rambo'. Sven spoke about the unpredictability of the film industry and how some days he has a role and on others he does nothing. His passion for acting keeps him going through these uncertain days and it certainly hasn't let him down. Sven acted alongside Orlando Bloom in the international film 'Zulu' last year and has starred in the BBC series 'Bluestone 42'.

The sequel to 'Spud: The Movie', 'Spud: The Madness Continues' was released last year and the third movie, 'Spud: Learning To Fly', is set to be screened in December this year.

Sven's talk was insightful and inspiring to any aspiring actors and actresses who want to make it nationally and internationally. Thanks must go to the Film Society for organising the talk and continuing to shine a light on the wonders of the film industry.

Caitlin Pinheiro

We are still looking for more lucky draw prizes, please contact Louise at the front office to offer your donations. Thanks for the prizes already donated !

Tickets for the function on Thursday 2 October are available from the Front Office for R50.

They are selling fast so please book to secure your place.

Tickets will be numbered, with lucky draws during the course of the evening.

The event is not open to children.

Snacks will be provided but please bring your own liquid refreshments. Glasses will be provided.



HCA: Buddhism Talk

On the 2 September, HCA hosted Gen Pagpa from the Tushita Kadampa Buddhist Centre to give a brief overview of his own journey and to answer key questions about Buddhism.

Mr Pagpa began his talk briefly outlining how he had been ordained as a Buddhist monk in 1996 and his life following that. Through hearing his story, pupils were able to gain a better understanding of what Buddhism in its essence truly is. Mr Pagpa dispelled some of the misconceptions many pupils had about Buddhism and gave an in depth view of how Buddhism is about finding one's true self.

He even led a short meditation at the end of his talk to help pupils understand this idea of tranquility. Many pupils left with a totally renewed idea of what Buddhism was and a sense of peace after a simple breathing exercise.

Abdud-Dayyaan Badroodien

Interact: Maitland Cottage Visit

Interact started their new Cultural year off with a bang! On Friday the 12th of September, a group of very keen and devoted Westerford volunteers set out for Maitland Cottage. This is an orthopaedic hospital for children from all over South Africa. It is a place where patients can recuperate in a safe and comfortable environment.

The group took a quick stroll over to Maitland Cottage. They then interacted and played with the children, reading books, drawing, playing card games or just being a friend to chat to. It was heart-warming hearing all the laughter and cries of "Aunty, Aunty, Aunty" as the children tried to attract the attention of the volunteers. The staff was very appreciative for the break from the busy children and their non-stop energy.

It was a thoroughly enjoyable Friday afternoon and the appreciation was shown in the ginormous smiles, big hugs and warm goodbyes. Thanks to all those who came and made the event such a success! Interact will be going to Maitland Cottage every second week and everyone should experience this wonderful opportunity of making new friends and warming the hearts of others!

Kirstin Bloomer



INTERPROVINCIAL MATHEMATICS OLYMPIAD 2014

The annual Interprovincial Mathematics Olympiad took place on Saturday 13 September. Over one hundred teams from twelve "provinces" (the definition is informal, being more in line with sporting provinces than the 9 official ones) took part. Provinces enter teams at two levels: Junior (up to grade 9) and Senior (grades 10 to 12) levels. Teams from Botswana, Uganda and Swaziland also took part.

Two papers were written. The first paper was for individuals: a 15-question multiple-choice test, with a maximum score of 100. The second paper consisted of ten difficult problems, to be tackled by the team working together, with each question worth 100 points. Thus the maximum team score was 2000.



From front to back and left to right:

Robin Visser, Tae Jun Park and Sang Eun Lee, **David Broodryk**, Andrew McGregor and Yaseen Mowzer, Soo-Min Lee, Jandr  du Toit, Bronson Rudner and **Sanjiv Ranchod**.



September 2014

S	MON	TUE	WED	THU	FRI	SAT
14	15	16	17	18 3rd Quarterly Concert	19 Mocks end Matric Dance	20
21	22	23 Jubilee Wing Opening Sports Braais	24 Heritage Day	25	26 Intlonganiso Sports Day	27
28	29	30 Final Matric Music Practical Exams				

October 2014

S	MON	TUE	WED	THU	FRI	SAT
			1 Final Matric Music Practical Exams	2 PNG function NTH 19h00	3 School Closes	4
5	6 H	7 O L	8 I	9 D	10 A	11 Y
12	13 School Opens	14	15	16 Celebration	17 Valedictory	18
19	20	21	22	23	24	25
26	27	28	29	30	31	



Westerford Classifieds

Westerford parents and OWs to Westerford parents.

To advertise here please contact Margie (owa@whs.wcape.school.za)

BORN FREE

Daniel Mpilo Richards debuts at Artscape with his solo act described as:



“Stand-up satire to make you laugh and think, commenting on South Africa since 1994.”

http://online.computicket.com/web/event/born_free/848708947/0/61735970 - click to book

This is a play is written by internationally acclaimed and Cape Town born Mike Van Graan and performed by Daniel, a 2014 Fleur du Cap nominee for most promising student actor. Daniel is a 2013 UCT graduate with a BA in Theatre and Performance and a former Westerford High School learner.

When: 15 September to 15 October 2014

Where: Opera Bar at Artscape

Time: Check online (eve

Duration: 1 hour (no interval)



Bookings through Computicket

http://online.computicket.com/web/event/born_free/848708947/0/61735970

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DANCERS love DOGS

Dancers collaborating for "mass sterilisation"



Join us on 4 October at Artscape Opera House for the Cape Town Dancers love Dogs show, brought to you by dancers volunteering their time and effort to raise funds for animal sterilisation.

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